

# FBH Partners Clinical Guideline

## Physical Health Monitoring Algorithm

Physical health monitoring algorithm followed for all clients over the age of 18 taking an SGA, or with schizophrenia, schizoaffective disorder, or bipolar disorder with one or more of the following medical conditions, risk factors or family history of these conditions:

<p>Chronic Medical Condition:</p> <ul style="list-style-type: none"> <li>-cardiovascular disease</li> <li>-diabetes</li> <li>-COPD</li> </ul>	<p>Risk Factors:</p> <ul style="list-style-type: none"> <li>-hypertension</li> <li>-smoking</li> <li>-obesity (BMI <math>\geq</math> 30)</li> </ul>	<ul style="list-style-type: none"> <li>-dyslipidemia</li> <li>-taking SGA</li> </ul>
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### Complete Baseline Health Screening

Annually Reassess

Screening includes:

- Assess personal and family health history
- Weight and height
- Waist circumference
- Blood Pressure
- Fasting plasma glucose
- Fasting lipid profile

