

CHILD AND ADOLESCENT DAY TREATMENT SERVICES

I. Definition:

Day treatment is a non-residential, intensive, structured clinical program available to children and adolescents who are at imminent risk of failing in the public school setting as a result of behavior related to a Medicaid-covered mental illness. They may also be experiencing impaired family functioning. The primary focus of Day Treatment is to address academic and behavioral needs of the individual and family and/or foster family. Treatment services are typically less acute and longer-term than Partial Hospitalization. Services include, but are not limited to, academic education, individual, family, and group therapy. These programs involve active collaboration among mental health, education, social/human service, and vocational agencies.

II. Admission Criteria:

All of the following criteria are necessary for admission:

- A. Individual presents with psychological symptoms consistent with ICD-9-CM and DSM IV-TR (Axis I-V) diagnosis, which require, and are likely to respond to, therapeutic intervention.
- B. The individual presents with significant impairment of functioning in the public school setting and in at least one other area in life that places the individual at risk for out of home placement as a result of a mental illness.
- C. Individual attends any grade level of Kindergarten through 12th grade.
- D. Individual is at risk of entering higher level of care, if day treatment is not provided.

III. Exclusion Criteria:

Any of the following criteria are sufficient for exclusion from this level of care.

- A. A primary diagnosis of Substance abuse, Delirium, Dementia, and/or other Cognitive Disorder.
- B. Presence of any condition requiring acute inpatient care.
- C. Pre-school age or younger.
- D. Family refusal to participate in weekly family sessions.
- E. Family/client failure to participate in clinically indicated lower level of care services prior to a day treatment placement.

IV. Continued Stay Criteria:

All of the following criteria are necessary for continuing treatment at this level of care:

- A. Continues to meet admission criteria.
- B. Family remains engaged in treatment process and is attending weekly family therapy sessions.

V. Discharge Criteria:

Any of the following criteria are sufficient for discharge from this level of care:

- A. Individual meets criteria for an alternative level of care.
- B. The individual's documented treatment plan goals and objectives have been substantially met.
- C. A plan for continuation of services at a higher level of care has been implemented.
- D. Individual/family is non-compliant with treatment expectations and requirements.
- E. Individual is not progressing despite alternative treatment recommendations.

F. There is a documented discharge plan in place to include a scheduled follow-up appointment.

VI. Frequency of Review:

A. 14 days