



CCAR Administrative Section



*AGENCY BHO PROGRAM MEDICAID/STATE ID *CLIENT ID/TRAILS ID

SOCIAL SECURITY DATE of BIRTH

LAST NAME

FIRST NAME

MIDDLE NAME TITLE (Jr., Sr., III, etc.)

ENROLLMENT/PAYOR
 Medicaid Fee for Service Insurance & Third Party
 Medicaid - Capitated State/Other Federal
 Medicare Local
 Self Pay CHP +

REFERRAL SOURCE *CCAR EFFECTIVE DATE / DATE of CCAR
 (See List)

*ACTION TYPE / REASON FOR CCAR
 NYC Only Mental Health Only Child Welfare Only
 21 = Detention Admission 01=Admission 31 = Res. Treat. Admission
 22 = Detention Release 03=Update 32 = Update
 23 = New Commitment 05=Discharge 33 = Res. Treat. Discharge
 31 = Res. Treat. Admission 06=Evaluation Only
 32 = Update
 33 = Res. Treat. Release
 34 = NYC Discharge

*TYPE of UPDATE (If applicable)
 MH Only NYC/CW Only
 01 = Annual 06=NYC Parole
 02 = Interim/Reassessment 08=Res. Treat. Change of Level CCAR
 03=Psych Hospital Admission (Enter CDPHE ID #) DOC Only
 07 = Psych Hospital Discharge (Enter CDPHE ID #) 09 = DOC/Community Parole

CDPHE ID #
 Mental Health Only
 Housing only client Meds only client

*ADMISSION / COMMITMENT DATE PLACEMENT END DATE

Special Studies Code 1
 Special Studies Code 2
 For Agency Use Only

DYC/CW ONLY
RES. TREATMENT LEVEL OF CARE
 (identified by CCAR) (authorized)
RES. TREATMENT PROVIDER
 (See List)

Gender Male Female

Is individual Spanish/Hispanic/Latino?
 No Yes
 What is individual's race? (Check all that apply)
 American Indian/Alaskan Native
 Asian
 Black/African American
 Native Hawaiian/Pacific Islander
 White/Caucasian
 Other

Complete Only at Discharge
DISCHARGE DATE
DATE OF LAST CONTACT
TYPE OF DISCHARGE/TERMINATION
 1 = Transferred
 2 = TX completed/No Referral
 3 = TX completed/Follow-up
 6 = Client Died
 7 = Client Initiated Termination
 8 = Administratively Terminated
 9 = NYC Discharge
DISCHARGE/TERMINATION REFERRAL
 (See List)

***DIAGNOSES (DSM or ICD-9)**
 AXIS I Primary AXIS I Secondary
 AXIS II Substance Abuse (If applies)
 GAF (optional)

DC: 0-3 R - DIAGNOSTIC CLASSIFICATION OF INFANCY AND EARLY CHILDHOOD
 (Optional)
 AXIS I Primary AXIS I Secondary
 AXIS II Relationship Disorder PIR-GAS

*Required at update Required at update if applicable





CCAR Administrative Section



HIGHEST EDUCATION LEVEL IN YEARS/CURRENT GRADE

(PK=Pre-K, 00=K, 01=Grade 1, 12=Grade 12 & GED
14 = some college; 16 =college degree; 18 = master's degree;
20 = doctoral degree)

MARITAL STATUS

01=Never Married
02=Married
03=Married/Separated
04=Widowed
05=Divorced

NUMBER OF CHILDREN

(under age 18 for whom consumer is responsible)
code: 0=0, 1=1, 9=9, etc.

ANNUAL INCOME

RECEIVING SSI?

NO YES

RECEIVING SSDI?

NO YES

NUMBER OF INDIVIDUALS SUPPORTED BY INCOME

(1=Consumer Only, 2=2 etc., 9=9 or more)

*CURRENT PRIMARY ROLE/EMPLOYMENT/SCHOOL STATUS**

1=Employed Full Time
2=Employed PartTime
3=Homemanager - Not
Otherwise Employed
4=Supported Employment
5=Not in Labor Force
7=Unemployed
8= Armed Forces
(Active Military Duty)
9=In School
11=Volunteer

**Relates to Role in Clinical Scales

*PLACE OF RESIDENCE

01=Correctional Facility/Jail
02=Inpatient
03=ATU, Adults Only
04=Res. Treat//Group
05=Foster Home (Youth)
06=Boarding Home (Adult)
07=Group Home (Adult)
08=Nursing Home
09=Residential Facility (MH Adult)
10=Residential Facility (Other)
12=Homeless
13=Supported Housing
14=Assisted Living
15=Independent Living

*CURRENT LIVING ARRANGEMENT (Check all that apply.)

Alone
 Mother
 Father
 Sibling(s)
 Relative(s), kin
 Foster Parent(s)
 Guardian
 Spouse
 Partner/Significant Other
 Child(ren)
 Unrelated Person

EXISTENCE OF PRESENTING MENTAL HEALTH PROBLEM

(1=Longer than one year 2=One year or less)

NUMBER OF PRIOR PSYCHIATRIC HOSPITALIZATIONS

(Entire Lifespan)

DISABILITIES (Check all that apply.)

Developmental Disability
 Deaf/Severe Hearing Loss
 Blind/Severe Vision Loss
 Learning Disability
 Traumatic Brain Injury (TBI)
 None

LEGAL STATUS

01=Voluntary
02=Court directed Voluntary
03=Forensic
04=72-hr Eval & Treatment
05 =Short Term Certification
06=Long Term Certification
08=Children's Code C.R.S. 19-1-101
09=Emer/Invol Alcohol/Drug Commitment
10=Conditional Release
11=DYC Commitment
12=DYC Detention
13 = DOC/Community Parole

CONSIDERATIONS FOR PROVIDERS (Check all that apply.)

Self-Care Problems
 Food Attainment
 Housing Access
 Cultural
 Language
 None

HISTORY OF ISSUES (Check all that apply.)

Suicide Attempt
 Trauma
 Legal/Incarcerations
 Sexual Misconduct
 Destroyed Property
 Set Fires
 Legal/Convictions
 Animal Cruelty
 Prenatal/Perinatal Drug/Alcohol Exposure
 Danger to Self
 Family Mental Illness
 Family Substance Abuse
 Violent Environment
 None

CHECK ALL CURRENT ISSUES THAT APPLY

Sexual Misconduct
 Danger to Self
 Injures Others
 Injury by Abuse/Assault
 Reckless Self-Endangerment
 Suicidal Ideation
 Suicide Plan
 Suicide Attempt
 None

27-10 Criteria (Check all that apply.)

Danger to Self
 Danger to Others
 Gravely Disabled
 Does not apply

COUNTY OF RESIDENCE

ZIP CODE

*STAFF ID

*STAFF SIGNATURE:

*DATE: / /

DEFINITIONS

Current Primary Role/Employment/School Status

Employed Full-Time: competitive full-time employment

Employed Part-Time: competitive part-time employment

Supported Employment: employment that promotes rehabilitation and return to productive employment

Homemanager/Not Otherwise Employed: includes activities concerned with tasks around a private household

Not in Labor Force: neither employed nor actively looking for employment

Unemployed: not employed, but may be looking for employment

In School: attends or has attended school during the current or most recent school year

Armed Forces (Active Military Duty): full-time employment in any branch of armed forces or reserves

Volunteer: works without receiving monetary payment

Legal Status

Voluntary: individual is competent and has endorsed a Consent to Evaluation and/or Treatment form

Court-directed Voluntary: includes treatment as a condition of probation/parole or deferred prosecution

Forensic: includes Not Guilty by Reason of Insanity, criminal court commitment, correctional transfer, and incompetent to proceed

72-Hr Eval & Treatment: individual has been admitted to agency involuntarily under the 72-Hour Evaluation and Treatment provision of CRS 27-10-101, *et seq.*

Short-Term Certified: individual has been admitted to agency involuntarily under the Short-Term Certification provision of CRS 27-10-101, *et seq.*

Long-Term Certified: individual has been admitted to agency involuntarily under the Long-Term Certification provision of CRS 27-10-101, *et seq.*

Children's Code C.R.S. 19-1-101: admission of any court-referred minor under the provisions of the Colorado Children's Code CRS 19-1-101, *et seq.* (includes pre-screenings of minors under this code)

Emergency/Invol. Alc/Drug Commitment: individual has been committed under any of the Alcohol and Drug Statutes

Conditional Release: court has imposed terms and conditions of release

DYC Commitment: juvenile cases resulting in the transfer of legal custody to the CDHS by the court as a result of an adjudicatory hearing



DEFINITIONS (cont.)

Place of Residence

Inpatient: in-hospital, 24-hour care at a hospital licensed by the CDPHE

ATU (adults only): 24-hour residential facility licensed by the CDPHE as a Personal Care Boarding Home and approved by DMH as an ATU

PRTF/RTC/RCCF/Group (youth): definitions to be supplied

Foster Home (youth): individual resides with a family that is licensed by a county department to provide foster care to children and adolescents; includes Child Placement Agencies (CPAs)

Boarding Home (adult): privately-owned licensed facility that provides two to three meals per day for four or more adults

Group Home (adult): 24-hour facility that provides mental health treatment for extended periods, is licensed by CDPHE as a Personal Care Boarding Home, is associated with an MHC, and is approved by DMH as a Residential Treatment Facility

Nursing Home: skilled nursing care facility or an intermediate health care facility licensed by the Department of Health

Residential Facility (MH, adult): a non-hospital residential setting affiliated with a mental health agency

Residential Facility (Other, adult): a residential facility in which the main focus is not mental health treatment (e.g. Halway House)

Homeless: individual lacks a fixed, regular and adequate nighttime residence

Supported Housing: individual lives in a residence (either alone or with others) where he receives in-home mental health support

Assisted Living: private housing that provides the individual support and assistance in daily living tasks aimed at promoting community living

Independent Living: individual lives in a public or private residence while obtaining mental health support services through a community mental health agency





CCAR Outcome Section



IS INDIVIDUAL SCHOOL AGE? Yes No

COMPLETE BOX IF OF SCHOOL AGE

In the last 12 months, has the child:

Been expelled from school? NO YES

Been suspended from school? NO YES

Had unexcused absences from school? NO YES

Is child currently passing all his/her classes? NO YES

IS THE CHILD LESS THAN SIX-YEARS-OLD? Yes No

COMPLETE BOX IF LESS THAN 6-YEARS OLD

Is the child at a developmentally appropriate level? Check all.

NO YES Talking/Communication

NO YES Physical / Motor Movements

NO YES Hearing / Seeing

NO YES Learning / Cognition

NO YES Playing & Interacting

NO YES Self-Help Skills

Is child's readiness for school developmentally appropriate?

NO YES

HISTORY/CURRENT VICTIMIZATION (now or ever)

- Sexual Abuse Verbal Abuse
- Neglect None
- Physical Abuse

HISTORY OF MENTAL HEALTH SERVICES (Check all that apply.)

- Inpatient Outpatient
- Other 24-hour None
- Partial Care

PREVIOUS / CONCURRENT SERVICES (Check all that apply.)

- Juvenile Justice Substance Abuse
- Special Education Developmental Disabilities
- Child Welfare None
- Adult Corrections

CURRENT NON-PRESCRIPTION SUBSTANCE USE

- Tobacco Barbiturates/Sedatives/Tranquilizers
- Alcohol Amphetamines/Stimulants
- Marijuana Hallucinogens
- Cocaine/Crack Inhalants
- Heroin None
- Other Opiates/Narcotics





CCAR Outcome Section

Domain Scales



INSTRUCTIONS: Fill in the number between 1 and 9 that represents current clinical concern (within last 3 weeks or issues that are still of concern to consumer and/or clinician) in each domain. Specific definitions are provided for numbers 1, 3, 5, 7 and 9. The even numbers may be used to describe functioning between the descriptions provided. Fill in the circle above the number selected as reflecting the individual's rating. If the category is not applicable or "Don't Know", the number, "1" should be marked. All domains are compared to age, gender, and culturally appropriate expectations in the **at-large population**.

Physical Health

1 2 3 4 5 6 7 8 9
Extent to which a person's physical health or condition is a source of concern.

- 1 No physical problems that interfere with daily living.
- 3 Presence of occasional or mild physical problems that may interfere with daily living.
- 5 Frequent or chronic physical health problems.
- 7 Incapacitated due to medical/physical health, and likely to require inpatient or residential health care.
- 9 Presence of critical medical condition requiring immediate inpatient or residential health care treatment.

Self-Care / Basic Needs

1 2 3 4 5 6 7 8 9
Extent to which mental health symptoms impact a person's ability to care for self and provide for needs.

- 1 Able to care for self and provide for own needs.
- 3 Occasional assistance required in caring for self and obtaining basic needs.
- 5 High levels of assistance needed in caring for self and obtaining basic needs.
- 7 Unable to care for self and obtain basic needs in safe and sanitary manner.
- 9 Gravely disabled and in extreme need of complete supportive care.

Legal

1 2 3 4 5 6 7 8 9
Extent to which a person is involved in the criminal justice system.

- 1 No legal difficulties.
- 3 Occasional legal difficulties.
- 5 Frequent legal difficulties.
- 7 May be in confinement or at risk of confinement due to illegal activity.
- 9 Continuously at risk for illegal behavior. Likely to be in confinement or with current serious charges pending.

Security / Supervision

1 2 3 4 5 6 7 8 9
Extent to which the person is in need of increased supervision.

- 1 No special security or supervision precautions needed.
- 3 Occasional behavior problems are present and require low levels of security and supervision.
- 5 Requires moderate levels of security and supervision due to intermittent high-risk and/or dangerous behaviors.
- 7 Close supervision, seclusion, suicide watch, or controlled medication administration may be necessary due to severe behavioral problems. Walkaway/escape potential may be high.
- 9 Requires constant supervision or secure environment due to behaviors that are likely to result in injury to self or others.

Suicide / Danger to Self

1 2 3 4 5 6 7 8 9
Extent to which a person experiences self-harming thoughts and/or behaviors.

- 1 No indication of self-destructiveness or self-endangerment.
- 3 Self-harmful tendencies are evident from speech and/or previous behavior, and person may experience harmful thoughts with minimal danger to self.
- 5 Self-harmful thoughts and/or actions that are present and are of serious concern.
- 7 Self-harmful thoughts and/or actions are persistent, affecting most aspects of daily functioning.
- 9 Requires immediate intervention to prevent suicide or physical self-injury.

Aggression / Danger to Others

1 2 3 4 5 6 7 8 9
Extent of aggressiveness in interactions with others.

- 1 Exhibits no aggressiveness towards others.
- 3 Occasional low-level aggressive behavior toward others.
- 5 Occasional major or frequent minor aggressive behavior which is perceived as dangerous.
- 7 Repeated major aggressive behavior that is problematic and is hostile, threatening, and dangerous.
- 9 Continuously aggressive behavior that is intended to inflict injury or pain, verbal attacks, and/or demonstrates imminent danger to others.

Psychosis

1 2 3 4 5 6 7 8 9
Extent to which a person experiences delusional, disorganized and irrational thought processes.

- 1 No evidence of thought difficulties.
- 3 Occasional odd thought processes.
- 5 Frequent substitution of fantasy for reality, isolated delusions, or infrequent hallucinations.
- 7 Persistent thought disturbance, frequent hallucinations or delusions. Communication is highly impaired.
- 9 Thought processes are disorganized and tangential, resulting in persistent disruption in communication. Extreme disconnection from reality.

Cognition

1 2 3 4 5 6 7 8 9
Extent to which a person performs cognitive tasks and experiences symptoms such as, but not limited to, confusion, poor problem solving, and impaired judgment.

- 1 No evidence of impaired cognitive capacity.
- 3 Occasional incidences of poor judgment or memory loss may occur.
- 5 Cognitive process are persistently impaired and may exhibit impaired functioning.
- 7 Person may be unable to function independently due to significantly impaired cognitive processes.
- 9 Impaired cognitive processes result in inability to care for self.





CCAR Outcome Section

Domain Scales



Attention

1 2 3 4 5 6 7 8 9

Extent to which a person experiences attention issues such as, but not limited to, distractibility, inability to concentrate, and restlessness.

- 1 No disruption of daily activities. Issues are temporary, appropriate, and do not impact functioning.
- 3 May persist beyond situational event, but not debilitating.
- 5 Persistent, low-level or occasionally moderate, impacts daily functioning.
- 7 Persistent and incapacitating, affecting most aspects of daily functioning.
- 9 Person is completely incapacitated by and is seemingly incapable of responding appropriately.

Manic Issues

1 2 3 4 5 6 7 8 9

Extent to which a person experiences manic symptoms such as, but not limited to, excessive activity level, elevated mood, and decreased need for sleep.

- 1 No disruption of daily activities. Issues are temporary, appropriate, and do not impact functioning.
- 3 May persist beyond situational event, but not debilitating.
- 5 Persistent, low-level or occasionally moderate, impacts daily functioning.
- 7 Persistent and incapacitating, affecting most aspects of daily functioning.
- 9 Person is completely incapacitated by and is seemingly incapable of responding appropriately.

Anxiety Issues

1 2 3 4 5 6 7 8 9

Extent to which a person experiences anxiety symptoms such as, but not limited to, nervousness, fearfulness, and tension.

- 1 No disruption of daily activities. Issues are temporary, appropriate, and do not impact functioning.
- 3 May persist beyond situational event, but not debilitating.
- 5 Persistent, low-level or occasionally moderate, impacts daily functioning.
- 7 Persistent and incapacitating, affecting most aspects of daily functioning.
- 9 Person is completely incapacitated by and is seemingly incapable of responding appropriately.

Depressive Issues

1 2 3 4 5 6 7 8 9

Extent to which a person experiences depressive symptoms such as, but not limited to, sadness, worrying, irritability and agitation.

- 1 No disruption of daily activities. Issues are temporary, appropriate, and do not impact functioning.
- 3 May persist beyond situational event, but not debilitating.
- 5 Persistent, low-level or occasionally moderate, impacts daily functioning.
- 7 Persistent and incapacitating, affecting most aspects of daily functioning.
- 9 Person is completely incapacitated by and is seemingly incapable of responding appropriately. Impaired functioning and requires immediate treatment.

Alcohol Use

1 2 3 4 5 6 7 8 9

Extent to which a person's use of alcohol impairs daily functioning.

- 1 No impairment of general functioning due to alcohol use.
- 3 Occasional difficulties in functioning due to alcohol use.
- 5 Frequent difficulties in functioning due to alcohol use.
- 7 Significantly impaired functioning due to alcohol use. Alcohol use dominates life to the exclusion of other activities.
- 9 Constantly debilitated due to alcohol use, with no regard for basic needs or safety of self or others.

Drug Use

1 2 3 4 5 6 7 8 9

Extent to which a person's use of legal or illegal drugs impair daily functioning.

- 1 No impairment of general functioning due to drug use.
- 3 Occasional difficulties in functioning due to drug use.
- 5 Frequent difficulties in functioning due to drug use.
- 7 Significantly impaired functioning due to drug use. Drug use dominates life to the exclusion of other activities.
- 9 Constantly debilitated due to drug use, with no regard for basic needs or safety of self or others.

Family

1 2 3 4 5 6 7 8 9

Extent to which issues within the individual's identified family and family relationships are problematic.

- 1 Family relationships are not of current concern.
- 3 Occasional friction or discord in family relationships.
- 5 Frequent disagreements or turbulence with family members.
- 7 Extensive disruption in family functioning which has resulted in out of home placement or estrangement.
- 9 Family members are at considerable personal risk and require formal external supportive services.

Interpersonal

1 2 3 4 5 6 7 8 9

Extent to which a person establishes and maintains relationships with others.

- 1 Demonstrates healthy relationships with others.
- 3 Some difficulty developing or maintaining healthy interpersonal relationships.
- 5 Inadequate relational skills resulting in tenuous and strained relationships.
- 7 Markedly impaired relational skills resulting in poor relationship formation and maintenance.
- 9 Interpersonal relationships are virtually nonexistent.

Socialization

1 2 3 4 5 6 7 8 9

Extent to which a person's conduct deviates cultural and social norms.

- 1 Generally conforms to social norms and rules.
- 3 Occasionally violates rights of others, social norms, and/or rules.
- 5 Frequently violates rights of others, social norms, and/or rules.
- 7 No regard for rules, rights of others and seriously disruptive to others.
- 9 Complete disregard for rights of other, social norms, and/or rules resulting in social destructiveness and dangerousness to others.





CCAR Outcome Section

Domain Scales



Role Performance

1 2 3 4 5 6 7 8 9

Extent to which a person adequately performs his/her occupational role.

NOTE: Rate individual's current primary role (e.g., worker, caregiver, student) as marked on the Administrative Section of this CCAR

- 1 Performs comfortably and competently in role.
- 3 Occasional disruption of role performance.
- 5 Frequent disruption of role performance.
- 7 Severe disruption of role performance. Attempts at functioning are ineffective.
- 9 Productive functioning is absent and currently inconceivable.

Overall Symptom Severity

1 2 3 4 5 6 7 8 9

Rate the severity of the person's mental health symptoms.

- 1 No symptoms are present for this person.
- 3 Symptoms may be intermittent or may persist at a low level.
- 5 Symptoms are present which require formal professional mental health intervention.
- 7 Significant symptoms affecting multiple domains exist, often requiring external intervention.
- 9 Symptoms are profound and potentially life-threatening.

Social Support

1 2 3 4 5 6 7 8 9

Extent to which a person has relationships with supportive people who contribute to recovery.

- 1 Supportive relationships outside of service providers **AND** actively participates in maintaining them.
- 3 Supportive relationships outside of service providers.
- 5 Only meaningful relationships with service providers **AND** others receiving services.
- 7 Only meaningful relationships are with service providers.
- 9 No meaningful relationships (or relationships that are not constructive) **AND** person wants or could clearly benefit from them.

Hope

1 2 3 4 5 6 7 8 9

Extent to which a person is optimistic about future outcomes.

- 1 Openly expresses hope for the future **AND** is making efforts to achieve better outcomes.
- 3 Openly expresses hope for the future, but is not currently making efforts that would lead to better outcomes.
- 5 Expresses both positive and negative attitudes with regards to future outcomes.
- 7 Does not express hope for the future, but may be convinced that there is opportunity for better outcomes.
- 9 Actively expresses hopelessness about future change.

Empowerment

(mark "1" if less than 12-years old)

1 2 3 4 5 6 7 8 9

Extent to which a person uses available resources that contribute to personal health, welfare and recovery. This includes knowledge and understanding of symptoms, treatment options and resource alternatives.

- 1 Actively engages in planning and activities to assure optimal personal health, welfare and recovery.
- 3 Is aware of some available resources and generally acts to access them to assure personal health, welfare and recovery.
- 5 Does not respond to signs and symptoms that may reduce personal health, welfare and recovery.
- 7 Ignores or rejects offers of resources or assistance to assure personal health, welfare and recovery.
- 9 Requires intervention to assure recovery.

Activity Involvement

1 2 3 4 5 6 7 8 9

Extent to which a person participates in positive activities.

- 1 High involvement in a variety of positive activities that are self, other, and community focused.
- 3 Involvement in a variety of positive activities that includes others.
- 5 Involvement in a variety of positive activities, but rarely includes others.
- 7 Engages in few, if any, positive activities and none with others.
- 9 No identified positive activities.

Overall Recovery

1 2 3 4 5 6 7 8 9

Extent to which a person is involved in the process of getting better and developing/restoring /maintaining a positive and meaningful sense of self.

- 1 Views self positively with the knowledge that setbacks may occur **AND** is able to actively pursue and access resources to support recovery with a sense of empowerment and hopefulness about future outcomes.
- 3 Hopeful about future outcomes **AND** is actively participating and using resources to promote recovery.
- 5 Expresses hopefulness about future outcomes **AND** is willing to begin to engage in using available resources to promote recovery.
- 7 Expresses a mixture of hopefulness and hopelessness about future outcomes and is interested in discussing available options and resources to aid in recovery.
- 9 Entrenched in symptoms, expresses hopelessness about future outcomes **AND** does not actively engage in using available resources that might promote recovery.

Overall Level of Functioning

1 2 3 4 5 6 7 8 9

Extent to which a person is able to carry out activities of daily living, despite the presence of mental health symptoms.

- 1 Functioning well in most activities of daily living.
- 3 Adequate functioning in activities of daily living.
- 5 Limited functioning in activities of daily living.
- 7 Impaired functioning that interferes with most activities of daily living.
- 9 Significantly impaired functioning; may be life threatening.

